

## Team members and roles

### Remote offices, rural states

The North Dakota Diabetes Prevention and Control Program (DPCP) team is a strong partnership that overcomes financial, distance and technological barriers to be successful.

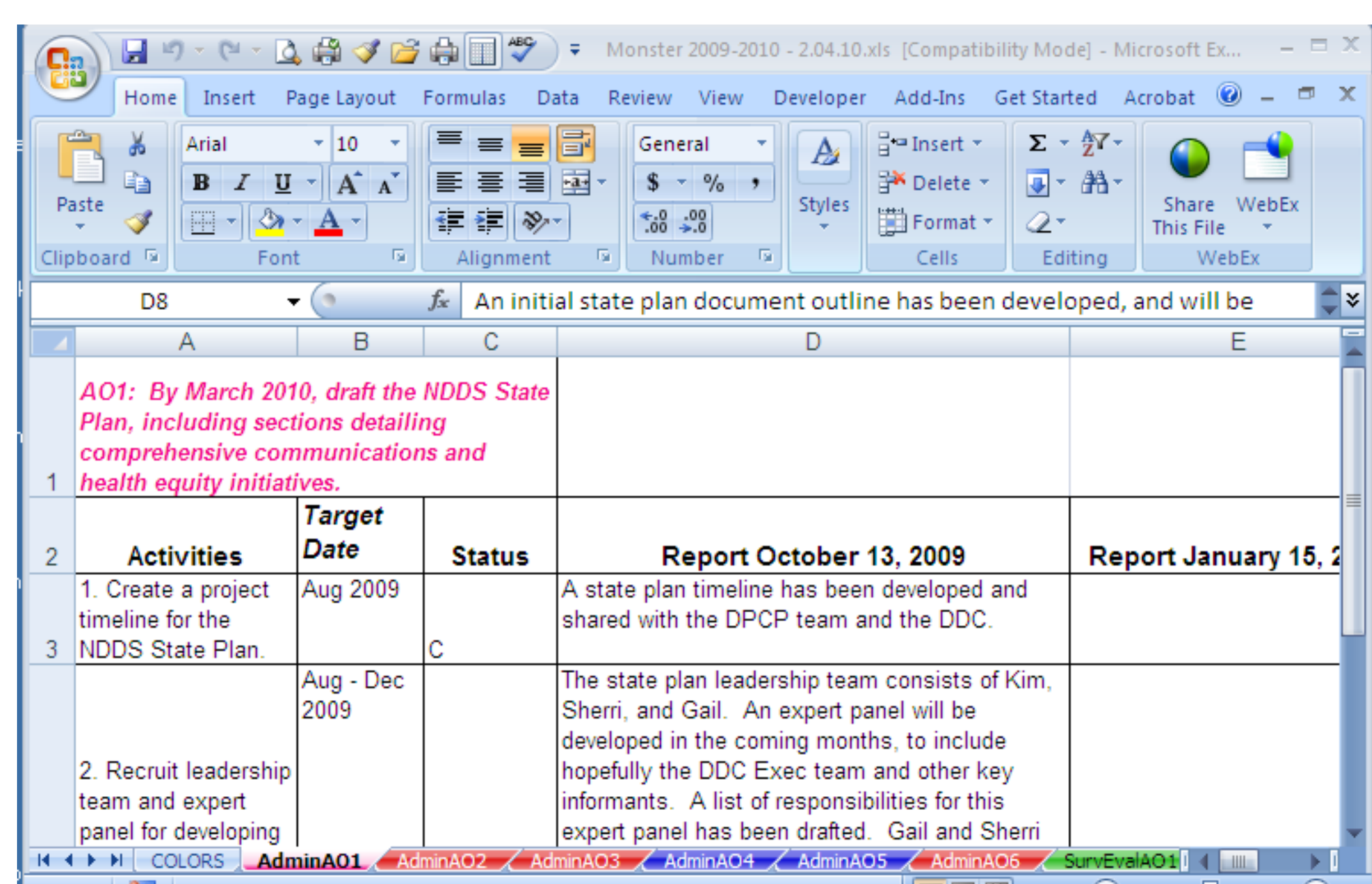
### Methods

The North Dakota DPCP creatively built a team of six members in four locations, in-state and out of state. The team “meets” and communicates regularly using innovative technology such as web meetings, conference calls, a web drive for sharing files and SharePoint.

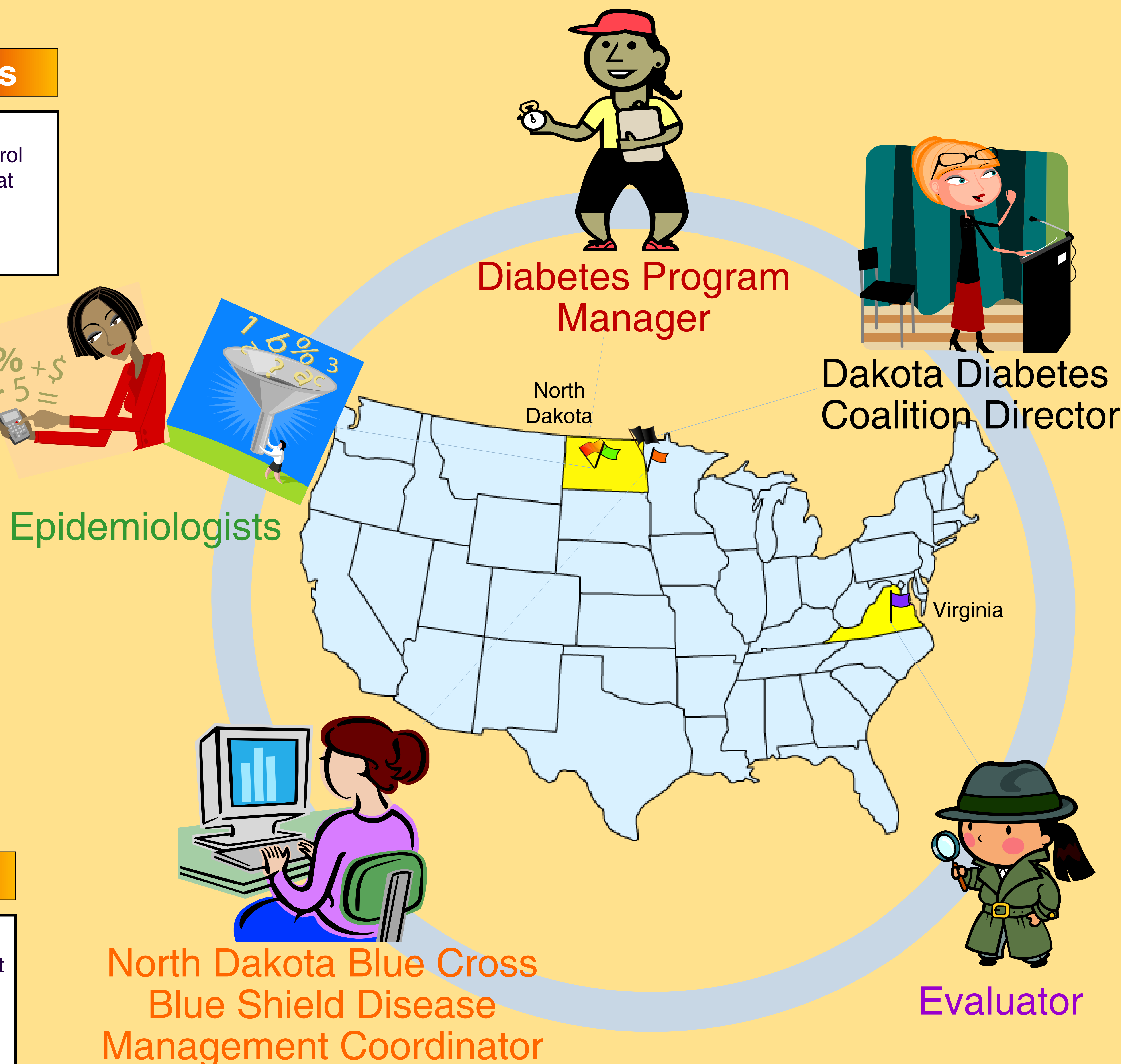
Although distance can be a barrier, this team successfully works together across the miles and perseveres during technological challenges.

### What’s “The Monster”?

The affectionately named Monster Document is a color coded spreadsheet used to track progress and check deadlines in our annual plan.

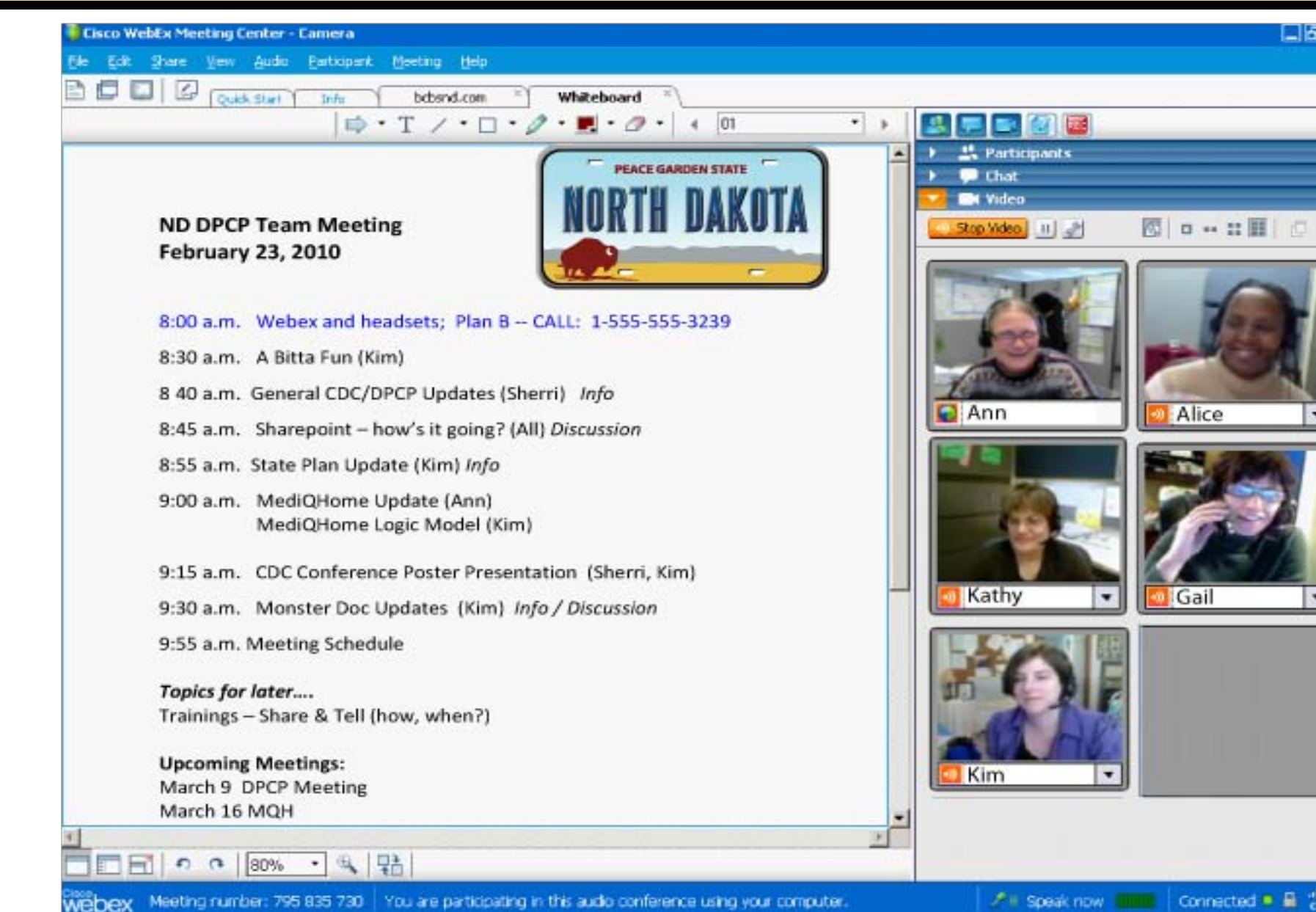


Activities	Target Date	Status	Report October 13, 2009	Report January 15, 2010
1. Create a project timeline for the NDOS State Plan	Aug 2009	C	A state plan timeline has been developed and shared with the DPCP team and the DDC.	
2. Recruit leadership team and expert panel for developing panel for developing	Aug - Dec 2009		The state plan leadership team consists of Kim, Sherri, and Gail. An expert panel will be developed in the coming months, to include hopefully the DDC Exec team and other key informants. A list of responsibilities for this expert panel has been drafted. Gail and Sherri	



### Partner provides WebEx

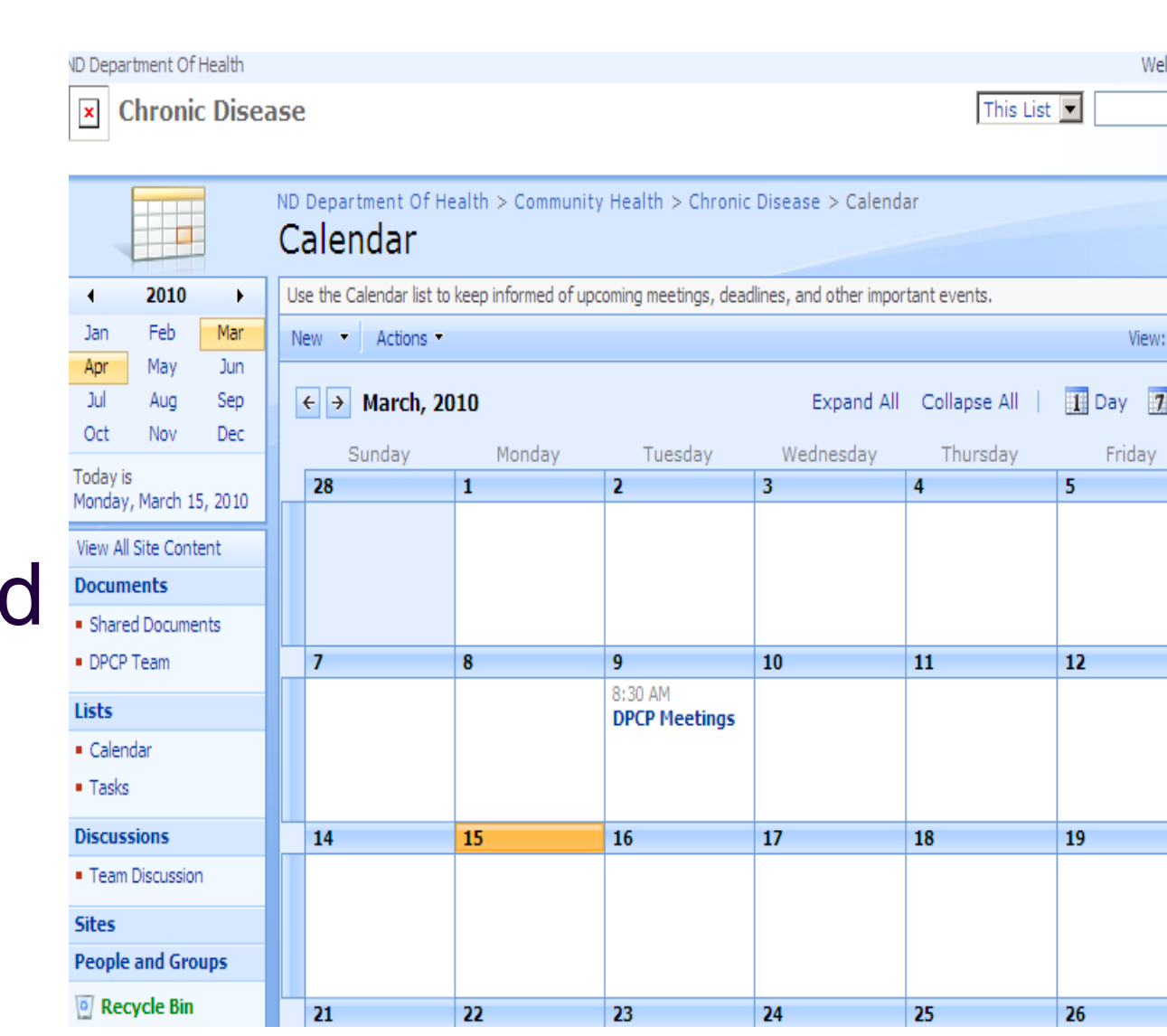
Meeting using WebEx (web-based meeting space) allows us to share video, review projects, or discuss and revise documents, like logic models or our state plan, in real time.



Sometimes there are bumps, but trial-runs ease anxiety. If tech troubles start to bog us down, we switch to phones.

### SharePoint sharpens focus

SharePoint allows shared content and collaboration among team members over the web. It helps us organize our work and provides flexibility for tracking members' changes as we collaborate.



### Conclusion

Drawing on members' strengths and a commitment to piloting new technology, this team proves you don't have to be face to face to do great work, and distance is no barrier to building partnerships.

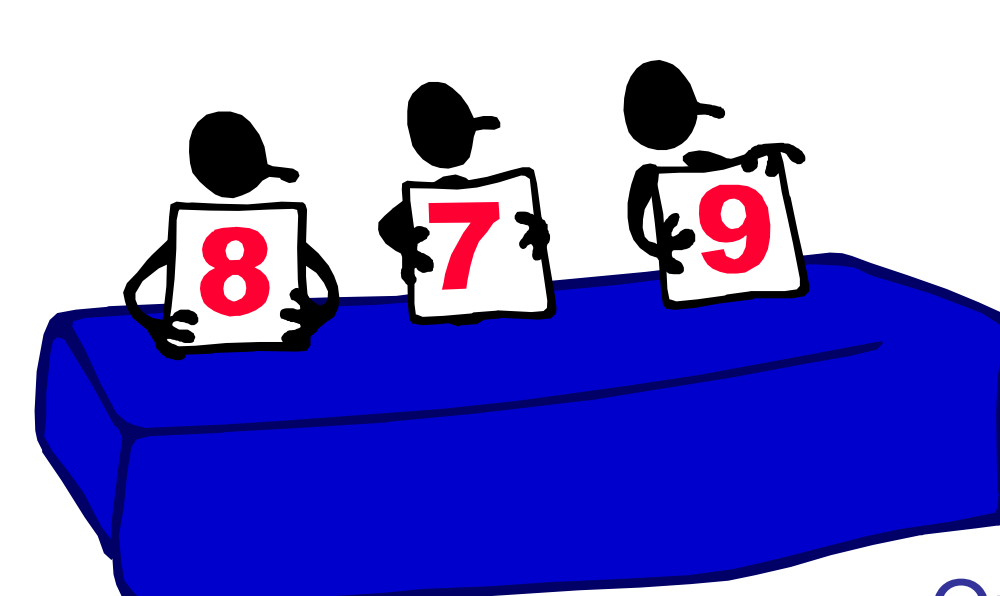
Some of the projects completed or in progress:

- Logic models
- Grant writing
- State plan
- Trainings
- Presentations

For more information, please contact:  
Kathy Moum, North Dakota Department of Health  
[kmoum@nd.gov](mailto:kmoum@nd.gov)

### Keys to success

Patience \* Perseverance \* Humor \* Technology \* Personal connections \* Evaluation \* Flexibility \* Creativity  
Problem solving \* Back up plan \* Reliability (people & technology) \* Commitment \* Motivation



Ongoing evaluation and reassessment



Keep what works...



Toss what doesn't!