

Lions Clubs International Foundation
Core 4 Diabetes Proposal- Executive Summary

The purpose of this proposal is to create an initiative that will address locally a health care issue that is reaching global proportions. Diabetes is increasingly becoming a worldwide concern. Worldwide, it is expected to rise from 135 million in 1995 to 300 million in 2025. If type 2 diabetes were an infectious disease, passed from one person to another, public health officials would say we have an epidemic.

Locally, Lion's District 5M6 has been dedicated to address the needs of people in our community with diabetes. In an effort to address this epidemic of diabetes, a new charter club was recently formed in Lion's District 5M6 -- the St. Paul Diabetes Lion's Club (SPDLC). It is our belief that addressing the epidemic of diabetes will require a variety of community- based interventions. The SPDLC membership is unique in that it consists of people from various health care systems and pharmaceutical industries.

The Lion's District 5M6, with more than 40 clubs, has the organization and dedicated membership which will enable the required collaboration. In Summary, Lion's District 5M6's goal is to continue to grow these key partnerships and expand services for underserved people with diabetes with the support of Lion's International.

This Core 4 Diabetes Initiative proposal will focus its efforts on underserved populations, namely the Hmong and Hispanic populations. This proposal has a three-part approach: one is to address the need for public awareness and prevention the second is focused on diabetes treatment and the third is to purchase equipment to perform eye exams.

Part One: Diabetes Awareness and Prevention (BS Screenings and Pre-Diabetes Program).

The first program objectives will be accomplished by offering free blood sugar screenings and pre-diabetes education in the community at a variety of venues. The intention of the pre-diabetes classes is to impart behavior change in an effort to decrease the participant's risk of developing type 2 diabetes.

Part Two: Diabetes Self Management Training

The St. Paul Diabetes Lion's Club expects to conduct 12-15 diabetes community based diabetes self-management training classes per year.

Part Three

As part of this proposal, a single clinic specific request has also been included. The West Side Community Health Services (WSCHS) provides comprehensive health care and social services with bilingual/bi cultural staff on a sliding fee scale. Funding is requested to purchase a DigiScope retinal-imaging device so this important test can be performed at that particular clinic.

This proposal to Lion's International requests seed money to implement this community based diabetes program. Lion's District 5M6 intends to secure cash and in-kind donations to support the programs in future years. A brochure will be developed to promote the community- based programs. Local businesses will be contacted for their financial support and in return, their company's name and logo will be printed on the brochure. In addition, the Lions District 5M6 Clubs will also conduct annual fund raising events for continued support.