From Public Health to Private Practice: What Works?

National Immunization Conference March 2003

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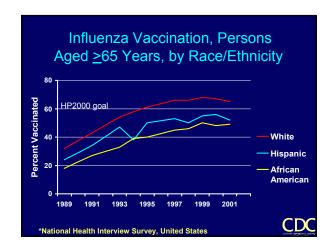
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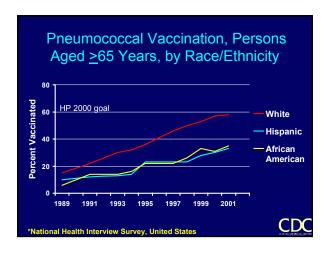
Outline

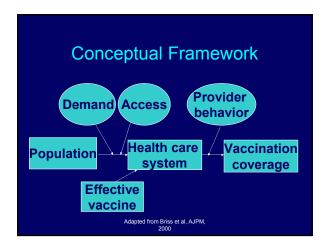
- Background
- Examples of work with primary care:
 - Monroe County Influenza Vaccination Demonstration, 1988-92
 - Project to Improve Pneumococcal Immunization, 1997-2000
 - -Rochester READII, 2002-2004
- Lessons Learned

The Challenge Healthy People 2010

- Increase influenza and pneumococcal immunization coverage
 - -For adults aged \geq 65, increase to 90%.
 - For high risk adults aged 18-64, increase to 65%.
- Reduce disparities in immunization rates.







Barriers to providing adult vaccinations

- Inadequate patient demand / education
- Patient refusal
- Not enough time during acute visits
- · Other more acute medical issues
- · Lack of office systems
- · Costs greater than payment
- · Shortages/delays in vaccine supply

Immunization strategies: Guide to Community Preventive Services

- Client reminder/recall
- Reducing out-of-pocket costs
- Provider reminder/recall
- Assessment and feedback for providers
- Standing orders

Outline

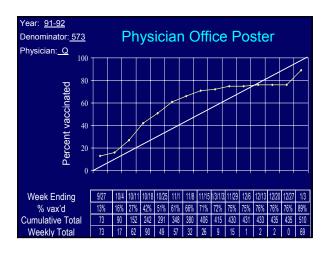
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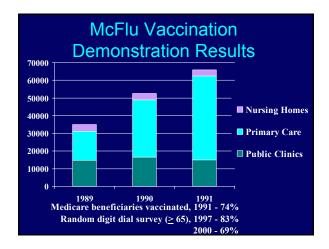
McFlu

- Monroe County Influenza Vaccination Demonstration, 1988-92
- To test the cost-effectiveness of Medicare coverage for influenza vaccination
- Ten sites intervention vs. control
- Collaboration of University of Rochester and Monroe County DOH

McFlu Components

- Public clinics
- Long term care facility interventions
- Practice based interventions
 - -Billing systems
 - Denominator based tracking
 - -Patient reminder postcards
 - -Provider incentives for higher rates
 - Increased payment/shot for higher rates
 - · Fine vintage chosen by Marc LaForce





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PPV Immunization Rates Monroe County, 1997

Older Adults (≥ 65 years) with past PPV:

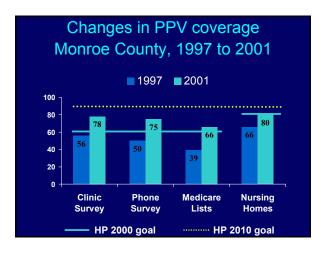
Survey at public flu clinics 56 %
Telephone survey (RDD) 50 %
Medicare cumulative data 39%

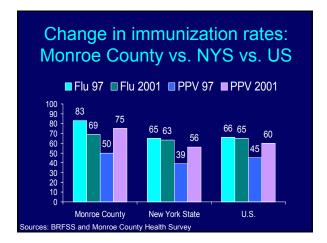
• Long term care facilities 66%

Project to Improve Pneumococcal **Immunization** 1999 1998 2001 Baseline Assessment Repeat Assessment Interventions PPV Rates in: PPV Rates in: Community Nursing Homes **Public Clinics** Community Nursing Homes **Nursing Homes PPV KAP** PPV KAP in community and among professionals in community and MD Offices among professionals **EIP Surveillance Public Education Health Department Initiatives**

PIPI Practice-Based Interventions

- Accurate denominator lists
- Patient education materials
- Physician reference materials
- Updates on local communicable disease



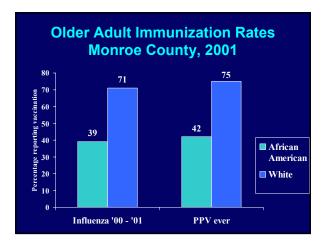


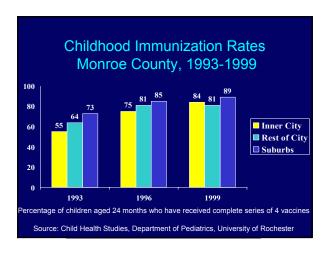
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READII Overview		
2002 Baseline Assessment	2002-2003 Intervention	2004 Repeat Assessment
Baseline rates from RDD survey, 2001 Medicare sample, 2003	Community Action Plan	Repeat RDD survey Medicare sample
Baseline rates in NHC's	Targeted outreach Patient materials Provider prompts	Continual monitoring Cost Effectiveness
Surveillance		
Public Education		
Health Department Initiatives		

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Why engage providers?

- · Concept of the medical home
- Sustainable
- Centralized information leads to higher quality care
- Model for other preventive health services
- Spillover effects for other services
- · Because it works!

What irritates providers?

- · Provider "education"
- Redundant information systems
- Anything that requires additional work for office staff
- Inaccurate denominator lists
- Vaccine shortages, price gouging and inadequate payment

What do providers want?

- Assistance with office systems
 - -denominator lists, standing orders, recall
- Useful reference materials
 - -e.g., pocket cards PPV revax recomm.
- Patient education materials
 - low literacy but sufficient information
- Communication
 - -flu surveillance
 - local antibiotic resistance patterns

What strategies work?

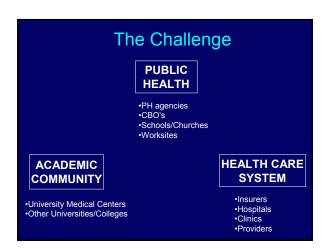
- Find out what <u>your</u> providers want
- Customize the approach -provider's "stage of change"
- Add tools/resources to assessment and feedback
- Provide support that seamlessly integrates with their offices

Summary: Primary care is....

- The most effective, efficient and sustainable way to deliver preventive health services
- Not currently organized to deliver PHS well
- Able to deliver PHS more effectively with outside support from public health
- Ready for external interventions tailored to providers' and staff specifications

Summary (Continued)

- While physician knowledge and proprevention attitudes are necessary, they are not sufficient
- System changes must make PHS part of standard procedures - like vital signs.
- · Staff members are key to success
- Public health can bring tools, information and support to primary care practices
- Public health must advocate for primary care





Thank you to my Colleagues in Rochester

- · Christine Long, M.P.H.
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- Sharon Humiston, M.D., M.P.H.
- Joseph Stankaitis, M.D.

and at the CDC!