Gatekeeper Behavior

Preparedness

How would you rate your preparedness to:

1. Recognize when a student's behavior is a sign of psychological distress
   - Very Low
   - Low
   - Medium
   - High
   - Very High

2. Recognize when a student's physical appearance is a sign of psychological distress
   - Very Low
   - Low
   - Medium
   - High
   - Very High

3. Discuss with a student your concern about the signs of psychological distress they are exhibiting
   - Very Low
   - Low
   - Medium
   - High
   - Very High

4. Motivate students exhibiting signs of psychological stress to seek help
   - Very Low
   - Low
   - Medium
   - High
   - Very High

5. Recommend mental health support services (such as the counseling center) to a student exhibiting signs of psychological distress
   - Very Low
   - Low
   - Medium
   - High
   - Very High

Likelihood

6. How likely are you to discuss your concerns with a student exhibiting signs of psychological distress?
   - Very Low
   - Low
   - Medium
   - High
   - Very High

7. How likely are you to recommend mental health/support services (such as the counseling center) to a student exhibiting signs of psychological distress?
   - Very Low
   - Low
   - Medium
   - High
   - Very High

Self-Efficacy

Please rate how much you agree/disagree with the following statements:

8. I feel confident in my ability to discuss my concern with a student exhibiting signs of psychological distress
   - Strongly Disagree
   - Disagree
   - Agree
   - Strongly Agree

9. I feel confident in my ability to recommend mental health support services to a student exhibiting signs of psychological distress
   - Strongly Disagree
   - Disagree
   - Agree
   - Strongly Agree

10. I feel confident that I know where to refer a student for mental health support
    - Strongly Disagree
    - Disagree
    - Agree
    - Strongly Agree

11. I feel confident in my ability to help a suicidal student seek help
    - Strongly Disagree
    - Disagree
    - Agree
    - Strongly Agree