

Gatekeeper Behavior

Preparedness

How would you rate your preparedness to:

- 1 Recognize when a student's behavior is a sign of psychological distress
 1 Very Low 2 Low 3 Medium 4 High 5 Very High
- 2 Recognize when a student's physical appearance is a sign of psychological distress
 1 Very Low 2 Low 3 Medium 4 High 5 Very High
- 3 Discuss with a student your concern about the signs of psychological distress they are exhibiting
 1 Very Low 2 Low 3 Medium 4 High 5 Very High
- 4 Motivate students exhibiting signs of psychological stress to seek help
 1 Very Low 2 Low 3 Medium 4 High 5 Very High
- 5 Recommend mental health support services (such as the counseling center) to a student exhibiting signs of psychological distress
 1 Very Low 2 Low 3 Medium 4 High 5 Very High

Likelihood

- 6 How likely are you to discuss your concerns with a student exhibiting signs of psychological distress?
 1 Very Low 2 Low 3 Medium 4 High 5 Very High
- 7 How likely are you to recommend mental health/ support services (such as the counseling center) to a student exhibiting signs of psychological distress?
 1 Very Low 2 Low 3 Medium 4 High 5 Very High

Self-Efficacy

Please rate how much you agree/disagree with the following statements:

- 8 I feel confident in my ability to discuss my concern with a student exhibiting signs of psychological distress
 1 Strongly Disagree 2 Disagree 3 Agree 4 Strongly Agree
- 9 I feel confident in my ability to recommend mental health support services to a student exhibiting signs of psychological distress
 1 Strongly Disagree 2 Disagree 3 Agree 4 Strongly Agree
- 10 I feel confident that I know where to refer a student for mental health support
 1 Strongly Disagree 2 Disagree 3 Agree 4 Strongly Agree
- 11 I feel confident in my ability to help a suicidal student seek help
 1 Strongly Disagree 2 Disagree 3 Agree 4 Strongly Agree