### Nemours teen health: http://teenshealth.org/

A safe, private place for teens who need honest, accurate, doctor-approved information and advice about health, emotions, and life. Also helps parents keep their kids healthier through education

## Wired Kids, Inc. <a href="http://www.wiredkids.org/">http://www.wiredkids.org/</a>

A U.S. charity dedicated to protecting all Internet users, especially children, from cybercrime and abuse, such as bullying.

# The American Academy of Pediatrics <a href="http://www.healthychildren.org/English/Pages/default.aspx">http://www.healthychildren.org/English/Pages/default.aspx</a>

Information for parents of teens and young adults as well as all the pediatric age groups.



## Adolescent HYalthcare Information Resources



Resources for adolescents and their parents/caregivers on issues such as:

- Sexual Health
- Drugs and Alcohol
- General Health and Wellness
- Sexually Transmitted Infections
- Communication
- Contraception
- Emotional Health

#### Websites for Health Information

#### **Advocates for Youth:**

http://
www.advocatesforyouth.org/

Advocates for Youth envisions a society that views sexuality as normal and healthy and treats young people as a valuable resource.

#### The American Social Health Association:

http://www.iwannaknow.org

This is where you will find the facts, the support, and the resources to answer your questions, find referrals, join support groups, and get access to in-depth information about sexually transmitted infections (STIs).

## Campaign for Our Children: <a href="http://www.cfoc.org/">http://www.cfoc.org/</a>

This website seeks to educate parents and guardians about teen risk-taking behaviors, including sexual activity. Provides sexuality education, tips about communication, resources and links.

#### The Center for Young Women's Health (CYWH)

http://www.youngwomenshealth.org/

CYWH is a collaboration at Children's Hospital Boston. The Center is an educational entity that exists to provide teen girls and young women with carefully researched health information.

Similar site for males at: <a href="http://youngmenshealthsite.org/">http://youngmenshealthsite.org/</a>

#### **Children Now:**

http://www.talkingwithkids.org/

Provides information for parents/caregivers on how to talk to their children about sexuality, health, drugs/alcohol, the media, etc.

#### Columbia University's Health Promotion Program "Go Ask Alice" website for adolescents and young adults:

http://www.goaskalice.columbia.edu/

A health Q&A Internet resource. It provides readers with information and a range of thoughtful perspectives so that they can make responsible decisions concerning their health and well-being.

## Rutgers, the State University of New Jersey, teen sexual health: http://www.sexetc.org/

Information, Q&As, forums, videos, and daily live teen chats about sexual health.

#### MTV collaboration with Kaiser Family Foundation:

http://www.itsyoursexlife.com/

Here you will find reliable information about decision making, how to talking openly with your partner and how to stay healthy by using protection and getting tested regularly for HIV and other STDs. Also includes entertainment and special programming.

#### Planned Parenthood Teens: http://www.teenwire.com/

Provides access to the complete array of sexual and reproductive health information, services, and advocacy.

# Society of Obstetricians and Gynecologists of Canada: www.sexualityandu.ca

Provides information on sexual health, contraception, sexual identity, etc. Different sections target teens and parent/caregivers.