HIV Prevention by Enhancing the Effectiveness of Tenofovir Gel Microbicide

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Objectives: (A) Prevent HIV/STIs by using a cervical barrier to deliver microbicide. (B) Prevent pregnancy and mother-to child HIV transmission. (C) Enhance adherence, retention and efficacy of Tenofovir microbicide...

Traditional Vaginal Applicator



Alternative Delivery System For Tenofovir

New delivery system for microbicide

Methods. We investigated the feasibility of the FemCap, an FDA-approved cervical barrier device with a microbicide delivery system on its cervical and vaginal sides, for delivering Tenofovir. We evaluated acceptability, adherence and retention of a stained vaginal lubricant (substituted for Tenofovir) delivered by the FemCap versus delivery with the vaginal applicator utilized in the CAPRISA 004 study. Thirty women compared using a vaginal applicator to deliver a high-viscosity vaginal lubricant stained with Gentian violet before and after intercourse to using the FemCap to deliver the lubricant before intercourse only. We then used colposcopy to study gel retention over the cervix and vagina.

Results: The gel was better retained over the cervix by single application with the FemCap versus two applications with the vaginal applicator.

Stained gel was **absent** 24 hours after application with the applicator

	The vaginal applicator	The FemCap
	Vaginal Lubricant applied twice, before	Lubricant applied with the FemCap once
	and after intercourse with applicator.	before intercourse
Cervix	Absent after 12 hours	Stained lubricant present after 24 hours
Upper vagina	Absent after 12 hours	Stained lubricant present with many bare spots
Vaginal introitus	Absent after 12 hours	Absent after 24 hours

Conclusions: Study participants preferred one gel application using the FemCap to two applications using the vaginal applicator based on ease of use and elimination of lubricant leakage. We conclude that utilizing the FemCap can prevent pregnancy and mother-to-child HIV transmission, while enhancing compliance and retention of gel over the cervix to potentially prevent HIV by increasing the efficacy of Tenofovir

Stained gel was **present** over the cervix 24 hours after application with the FemCap

