

# The Influence of Partnership Type and Characteristics on Condom Use Among Young African American Women



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## Background

- Partnership classifications following a "Main/Steady/Primary" or "Casual/Non-steady/Irregular" dichotomy are commonly used in research on sexual risk behavior, however no operationalized definitions have been established.
- Youth tend to have dynamic/ephemeral partnerships.
- Main/Casual dichotomy fails to describe the characteristics and qualities of relationships that influence riskier or safer sex, particularly amid concurrency of partnerships and rates of unprotected sex.<sup>1,2,3</sup>
- To understand how partnership types affect sexual risk behaviors, classifications used must be relevant to the study population.
- The purpose of this study was to examine the influence of partnership characteristics on condom use among young African American (AA) women.

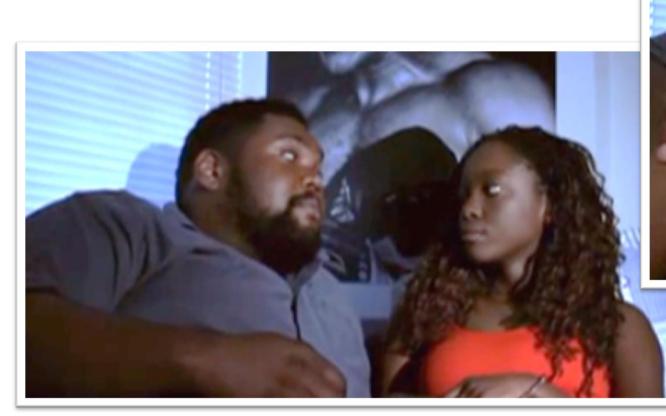
#### Methods

- AA women aged 18-19 living in New Orleans, Louisiana were recruited for participation in a randomized controlled trial (RCT) called You Geaux Girl! (YGG!) -- a web-delivered pregnancy and STI prevention intervention.
- Audio computer-assisted self interview (ACASI) at enrollment elicited detailed health behaviors including sexual history, partner-specific sex behavior, frequency of sex acts, and condom use.
- Participants were asked to classify their sexual partners using a 10-category list<sup>4</sup> of descriptors which included "Other."
- Partnerships could be classified with more than one category.
- Biological specimens were collected for Chlamydia trachomatis (Ct) and Neisseria gonorrhoeae (GC) [NAAT], and pregnancy [hCG] testing.

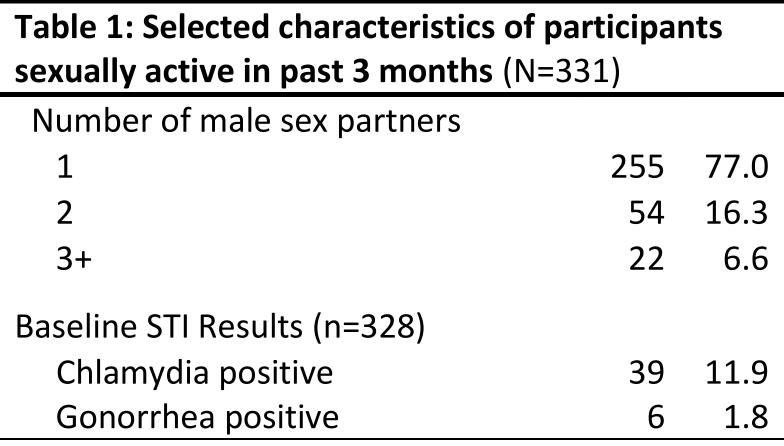
## Results

- 331 women who had sex in the past 3 months reported 434 sexual partnerships; 19.1% were classified using > 1 category.
- Most commonly reported partnerships were "Boyfriend" (47.2%), "ex-Boyfriend" (21.0%), "Friend with benefits" (20.5%) and "Someone I want to have a relationship with" (18.4%).









**Table 2: Classifications & Characteristics of Sexual** 

Partnerships (N=434 partnerships)

Casual

Condom Use (n=392)

Consistent ("Always")

Inconsistent ("Sometimes" or "Never")

	n	<u>%</u>
Boyfriend	205	47.2
An ex-boyfriend	91	21.0
Friend with benefits	89	20.5
Someone I want to have a relationship with	80	18.4
One-night stand	22	5.1
Someone I have sex with, but not necessarily a		
friend	17	3.9
Fiancé	14	3.2
Father of my child	11	2.5
Husband	1	0.2
Other		
Close friend / Best Friend / Friend	7	1.6
Complicated	1	0.2
"Trade Boy"	1	0.2
First Love	1	0.2
Number of Classification categories (n=429)		
1 Category	347	80.9
>1 Category	82	19.1
One-time encounter	116	26.7
Main	307	70.7

127 29.3

172 43.8

220 56.1

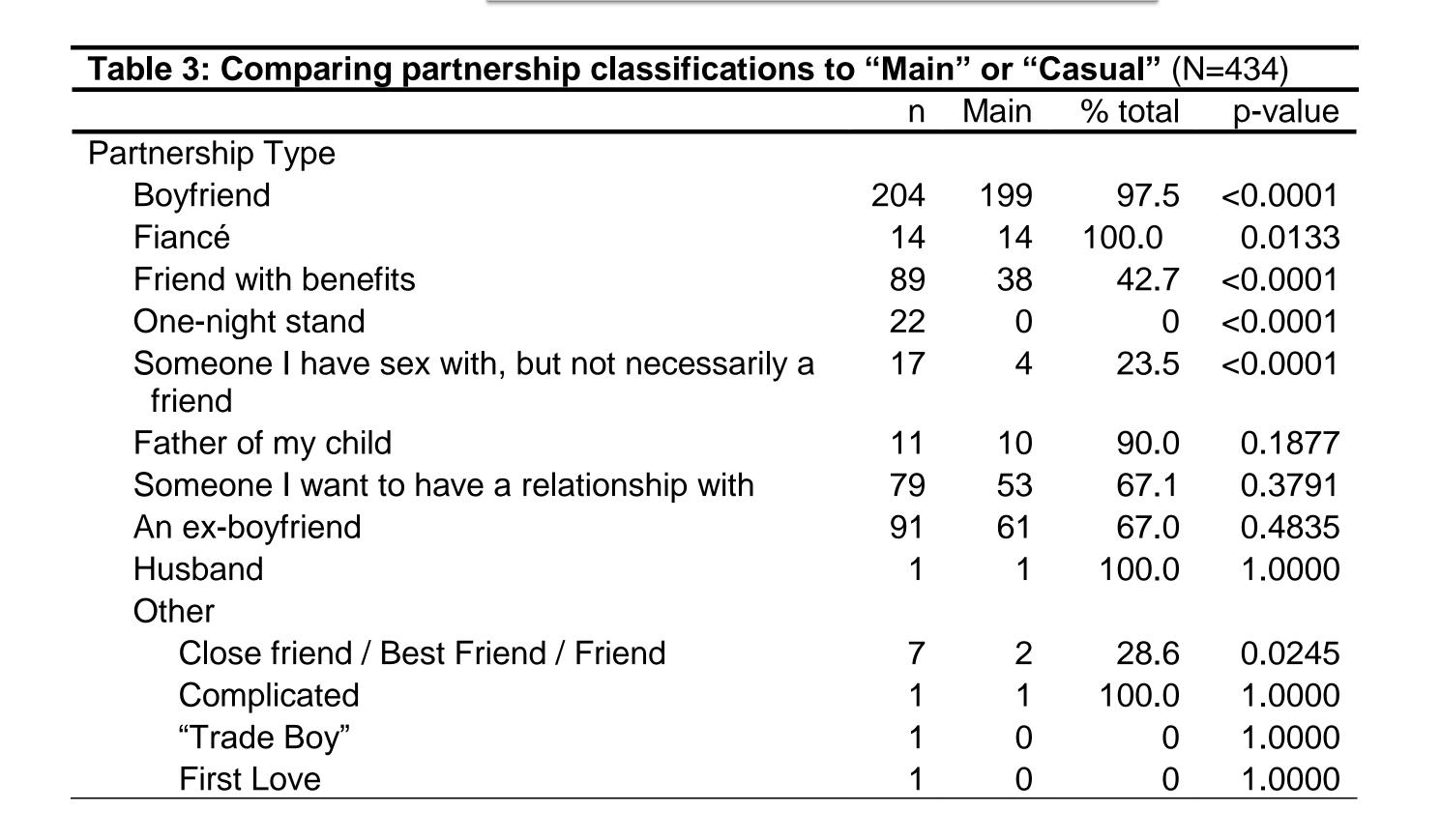


Table 4: Potential Predictors of <u>Inconsistent</u> Condom Use (N=434)			
	OR	95% C	
Partnership Type			
Boyfriend	2.05	1.37-3.09	
Father of my child	3.19	0.66-15.2	
Friend with benefits	0.46	0.28-0.75	
Someone I have sex with, but not necessarily a friend	0.88	0.31-2.49	
An ex-boyfriend	0.83	0.50-1.38	
Someone I want to have a relationship with	0.81	0.49-1.36	
One-night stand	0.61	0.23-1.57	
Fiancé	2.67	0.72-9.84	
Main Partner	2.17	1.39-3.4	
Casual Partner	0.46	0.29-0.72	
Using non-barrier birth control	2.49	1.62-3.79	
Belief that partner has other partners	0.65	0.43-0.96	
Belief it is likely to acquiring STD from partner	1.16	0.64-2.08	
Planning on having sex with partner again	2.20	1.40-3.48	

## Results (cont'd)

- Of the 392 partnerships with report on condom use, 56.1% had inconsistent condom use.
- More likely to report <u>inconsistent</u> condom use if:
- •partner was a "Boyfriend" [2.05 (1.37-3.09)]
- •reported use of non barrier birth control [2.49 (1.62-3.79)]
- partner was "Main" [2.17 (1.39-3.41)]
- •reported that they would have sex with the partner again [2.20] (1.40-3.48)
- More likely to report consistent condom use if:
  - partner was a "Friend with benefits" [0.46 (0.28-0.75)]
  - partner was "Casual" [0.46 (0.29-0.72)]
  - participant believes their partner has other partners [0.65] (0.43-0.96)

### Discussion

- Sexual partnership classifications among older adolescents are more nuanced than main and casual; more precision may be needed to accurately tailor counseling messages.
- While consistent condom use was found more often for partnerships that would be considered less stable (e.g. one night stand, friend with benefits) relationships that were more intimate (e.g. someone I want to have a relationship with, exboyfriend) had higher rates of inconsistent condom use.
- Counseling messages should reinforce the need to use condoms with partnerships that are intimate but sporadic.

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