# PERFORMANCE OF HERPESELECT<sup>®</sup> ELISA FOR HSV-2 DIAGNOSIS IN PATIENTS ATTENDING A CLINIC FOR PERSONS WITH HIV

# ABSTRACT

Background: A growing body of evidence demonstrates potentially important interactions between HIV and Herpes Simplex Virus (HSV). Because HSV/HIV coinfection is common, tests that rapidly and accurately identify HSV in HIV-infected persons are needed. Recent studies performed on other populations suggest that persons with positive type-specific ELISA tests for HSV-2 in the "low positive" range often have falsely positive tests. The objectives of this study were (1) to determine the prevalence of HSV-2 in HIV positive patients receiving care in an HIV-dedicated clinic who were without a history of ano-genital herpes and (2) to evaluate the performance of the HerpeSelect<sup>®</sup> HSV-2 serological tests for HSV-2 diagnosis in a population of HIV positive patients.

<u>Methods</u>: As part of an ongoing study, sera from persons with HIV and no history of genital herpes were tested by enzyme-linked immunosorbent assay (ELISA) for antibodies to HSV-2 (Focus Diagnostics HerpeSelect<sup>®</sup> HSV-2 ELISA IgG). The SureVue<sup>®</sup> rapid HSV-2 test was used for confirmatory testing of all specimens yielding an index value above the recommended cut-off.

<u>Results</u>: To date, 147 HIV positive participants denying a history of genital herpes have been screened for antibodies to HSV-2. Sixty-five percent (N = 95) of participants were positive by HerpeSelect<sup>®</sup> HSV-2 ELISA. The mean index value from positive sera was 10.90 (Range: 1.29-27.66). Nine specimens, positive by HerpeSelect<sup>®</sup>, yielded index values of  $\leq 3.0$ . The SureVue<sup>®</sup> assay was positive in all but 6 (89 of 95) samples which were positive by HerpeSelect<sup>®</sup>. All samples read as negative by SureVue<sup>®</sup> had index values by HerpeSelect<sup>®</sup> of <3.0.

<u>Conclusion</u>: HSV-2 seropositivity is common among HIV-infected patients attending our clinic who deny a history of ano-genital herpes. Equivocal results defined as an index value of <3.0 by HerpeSelect<sup>®</sup> are uncommon but when present warrant confirmation using an alternative testing method.

# BACKGROUND

 The prevalence of HSV-2 and HIV co-infection has been reported as high as 60 - 80%.

 Data suggests that HSV-2 and HIV co-infection have both public health and clinical importance because of interactions between these viruses that potentially influence both HSV-2 and HIV infection, disease severity and disease progression. Therefore, it is important to identify co-infected persons.

 Although western blot might be considered the gold standard for HSV-2 diagnosis, it is neither widely available nor FDA approved. Readily available type-specific HSV-2 diagnostic tests including HSV-2 type specific ELISA and point-of-care tests are FDA approved for testing in adults.

 Recent studies performed on other populations suggest that persons with positive type-specific ELISA tests for HSV-2 in the "low positive" range often have falsely positive tests.

• The accuracy of type-specific serological tests, including the rate of low positives reported by ELISA and the correlation between results reported by type-specific ELISA and point-of-care tests, have not been sufficiently evaluated in the HIV positive population.

# Objectives

 To determine the prevalence of HSV-2 in HIV positive patients receiving care in an HIV-dedicated clinic who were without a history of ano-genital herpes.

 To evaluate the performance of the HerpeSelect<sup>®</sup> HSV-2 and Sure-Vue<sup>®</sup> serological tests for HSV-2 diagnosis in a population of HIV positive patients.

### METHODS

 Sera from 147 persons with HIV and no history of genital herpes were collected as part of an ongoing trial.

 Sera was tested by enzyme-linked immunosorbent assay (ELISA) for antibodies to HSV-2 (Focus Diagnostics HerpeSelect<sup>®</sup> HSV-2 ELISA IgG). Results are reported based on the package insert's recommended cut-off values (Table 1).

### Table I. Interpretation of Focus Diagnostics HerpeSelect<sup>®</sup> HSV-2 ELISA IgG<sup>\*</sup>

>1.10	Positive. An index value of >1.10 is presumptive f
≥0.9	Equivocal. An index value of $\geq 0.9$ and $\leq 1.10$ is c
and	be re-tested. If on re-testing, the result remains ed
≤1.10	weeks later and testing repeated. Or the specime
	Blot.
<0.90	Negative. An index value of <0.90 indicates no Ig

Source: HerpeSelect<sup>®</sup> 2 ELISA IgG Package Insert (Product Code EL0920G, Rev. 1).

 The Sure-Vue<sup>®</sup> rapid HSV-2 test was used for confirmatory testing of all specimens yielding an index value above the recommended cut-off. Results were recorded as positive when both the control and patient sample produced the expected color change (Figure 1).

• Results from each test were compared.

### RESULTS

### Table I. Study participant characteristics.

Race/Ethnicity\* African American Caucasian

Hispanic

Gender\* Female Male

Age

CD4 Count<sup>#</sup>

Absolute

Percentage

VL\*\*

\*N (Percent); \*\*Median (Range), #Average (Range)

• Characteristics of participants screened for HSV-2 are representative of the clinic population currently on antiretroviral therapy.

# Nicholas J Van Wagoner, Paula Dixon, and Edward W Hook Division of Infectious Diseases, University of Alabama at Birmingham, Birmingham, AL



		N = 147	N = 147	
Vegative		52 /35 (0.17)*	58/39**	
Positive		95/65 (10.90)*	89/61**	
**N/Percent • There	ean Optical Densit was a 94% by HerpeSe	y) correlation betweer elect <sup>®</sup> and Sure-Vu	n positive results le HSV2 <sup>®</sup> .	
Table 3. O.D. by HerpeSelect® of Sera with Discordant ResultsOptical DensityResult byResult byResult by				
	Jucar Density	Result by HerpeSelect®	SureVue®	
1	1.30	Р	N	
2	1.97	Р	Ν	
3	2.18	Р	Ν	
4	2.43	Р	Р	
5	2.50	Р	N	
6	2.57	Р	Ν	
7	2.60	Р	Р	
8	2.67	Р	Ν	
9	2.72	Р	Р	
Summary		HerpesSelect®	SureVue HSV2®	
Negative*		0	6 (67)	
Positive*		9 (100)	3 (33)	

\*N (Percent)

 Discordant results occurred only in samples with an Optical Density of <3.0 by HerpeSelect<sup>®</sup>.

•Concordant results were obtained between tests in only 33% of samples in which the Optical Density was <3.0 by HerpeSelect<sup>®</sup>.

# CONCLUSIONS

• HSV-2 seropositivity is common among HIV-infected patients attending our clinic despite denying a history of ano-genital herpes.

• For samples with an optical density >3.0 by HerpeSelect<sup>®</sup>, there was 100% correlation with the Sure-Vue HSV2® point-of-care test.

• In HIV infected individuals, optical densities of <3.0 by HerpeSelect<sup>®</sup> should be considered equivocal and warrant confirmatory testing by an alternative method.

# REFERENCES

• Available upon request.

Table 2. Comparison of Results from HerpeSelect® and Sure-Vue®					
	HerpeSelect® N = 147	Sure-Vue HSV2® N = 147			
Negative	52 /35 (0.17)*	58/39**			
Positive	95/65 (10.90)*	89/61**			



Correspondence to Nick Van Wagoner at nvw@uab.edu